

dance10

PERFORMING ARTS CENTER

Revised August 2024



DRESS CODE GUIDE



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For safety reasons dancers are not permitted to wear jewelry in class.

Cover-ups should be worn to and from the studio, however they must be removed upon request.

Dress Code Information



Why does Dance/10 require a dress code?

Our dress code is designed so faculty can see the dancer's body lines, including posture, arms, legs and feet. Dancers will get the most out of their classes when they follow the dress code.



Do students need to wear dress code?

Students are required to wear dance attire for all classes.



How should hair be styled for class?

Hair should be pulled back, completely out of the students face. Buns are required for ballet classes.



What shoes are needed for class?

The shoes worn in class should be appropriate to the style of class. No street shoes are allowed in the dance studio. Each class has specific requirements. Please see the following pages for additional information.



What attire is required for class?

Each class has specific requirements. Please see the following pages for additional information.



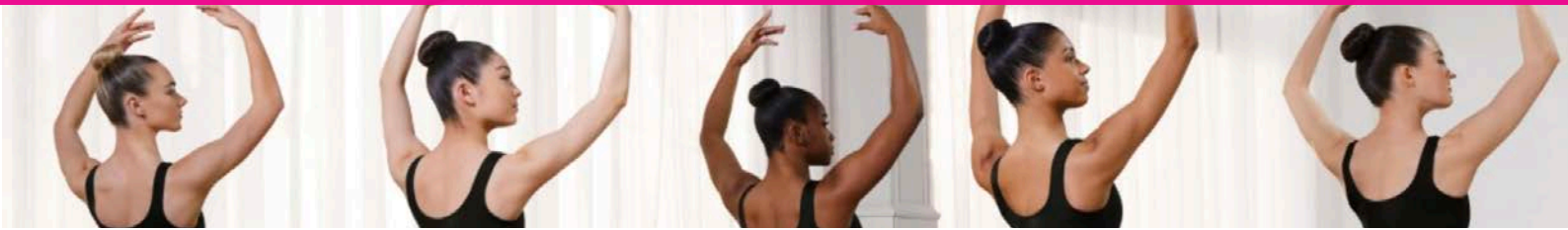
Where can I purchase items needed for class?

Dance/10 has an in-house dancewear boutique. The store is open during class hours. We are a Revolution Dancewear authorized retailer and we carry high quality shoes, tights, leotards, and other dancewear items below the cost of retail prices.

Get Ready for Class

Dance at Dance/10 Performing Arts Center is for everyBODY. If your dancer needs more flexibility in dress code options, special sizing, or skin tones, please come to make arrangements to discuss their preferences with a studio staff member. We want every dancer to be able to access the dress code in a way that allows them to attend their classes in something that keeps them safe and makes them feel comfortable and confident, while providing the faculty the best opportunity to provide constructive feedback on their technique.

The Dancer's Bun



Why Does My Dancer Need A Bun?

It is part of dress code.
Removes distraction during class.
Safety and injury prevention.

Buns can help teachers identify technical issues.
Aids with balance/control.

What You Will Need

Hair brush or a comb
Large hair elastic (preferably the color of one's hair)
Nylon hair net (matching hair color-available at most supermarkets and drug stores)
Thick hair pins and bobby pins.
Hair pins (U shape) are thicker and will grip more hair.
Bobby pins may slide out of your bun. Bobby pins can be used to secure hair net and any loose pieces of hair that do not fit into the ponytail (for shorter hair).
Hair spray/gel

All hair should be secured back including wisps, tendriles, and bangs!

How Do I Make a Bun?

Brush hair smooth and free of tangles.
Pull hair back neatly into a ponytail at the back of the head or higher, using a brush to avoid "lumps and bumps". A tidy pony tail with hair drawn snugly back is the key to making a good ballet bun.
Placement of your ponytail determines placement of your bun. Ballet buns should be at the upper-middle of the head and follow the line of the cheek-bone.
Secure ponytail tightly with hair elastic.
Use hair spray to eliminate any "wisps" around the head, smoothing any remaining bumps of hair on the head.
Twist the ponytail as you gradually wrap it around the hair elastic, creating a tight, coiled circle, inserting hair pins as you wrap. Be sure that your hair pins contain hair from both the head and the ponytail. This will hold your bun close to your head. Be sure to use plenty of hair pins (12-16 on average).
For thick hair, divide the ponytail in half. Coil one half tightly around the hair elastic, as stated above. Coil the other half around the outside of the first coil. This will allow the bun to be flatter against the head and avoid the "doorknob bun" look.
The idea is to have your bun tightly coiled around your elastic and secured closely to your head.
Once you have created your bun, wrap your hair net around it as many times as it will allow for a snug fit.
Hold the hair net in place with a few extra bobby pins, and hair spray or gel any wisps that are remaining.

Short Hair

Short hair must be secured to the head in the same manner with a small bun if possible. No hair may be hanging in the face.
Please use bobby pins to secure any dangling strands of hair.

Get Ready for Class *Academy of Little Stars & Combination*



Hair

Hair pulled up and neatly secured away from face. Bun is highly encouraged. Ponytail is acceptable.

Leotard

Dancers are required to wear a leotard. They can wear any color and neckline they would like. An attached skirt is optional. No tutus.

Tights

Dancers are required to wear tights (pink, skintone or black are acceptable).

Dance Shoes

See below for class specifics

Dancewear packages available at our in-house boutique. Packages include all items needed for class.

What should be in my dance bag
Hair ties and non-glass water bottle.

Dance Bag

A dance bag helps keep everything organized!



Required Dance Shoes



Ballet Shoe
Pink Leather
Revolution RD60016

Tap Shoe
Black Mary-Jane
Revolution 821

Jazz Shoe
Dark Tan Slip-On
Revolution RD013206 or 656

Silver & Gold

X

X

Platinum

X

X

Broadway

X

X

X

Diamond/Combo-Tap/Jazz

X

X

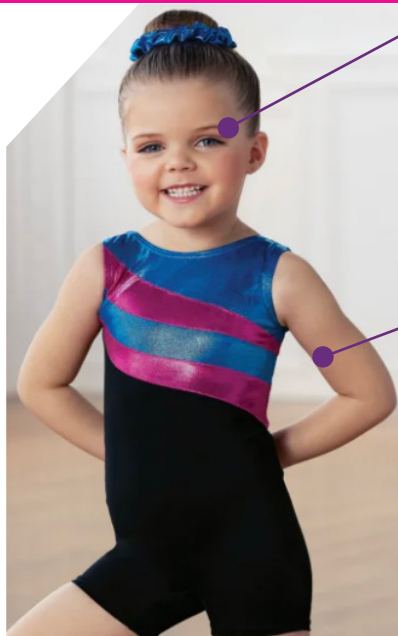
Diamond/Combo-Ballet/Jazz

X

X

Get Ready for Class

Hip Hop and Hip Hop Stars



Hair

Hair neatly and securely pulled back out of dancer's face. Bun is encouraged. Ponytail is acceptable.

Attire

Leotard/Unitard Required. Students can wear leggings over leotard or unitard if desired. **NO JEANS, SKIRTS, or DRESSES.**

Dance Shoes



All white sneakers that are **reserved** for class. Shoes need to be clean and free of debris. Jazz shoes acceptable for class. **No Sandals, Uggs, Crocs, Rainboots, or similar.**

Dance Bag

A dance bag helps keep everything organized!

What should be in my dance bag? Hair ties and non-glass water bottle.



Hip Hop Stars

Hair

Hair neatly and securely pulled back out of dancer's face. Bun is encouraged. Ponytail is acceptable.

Attire

dancewear/athletic wear. **NO JEANS, SKIRTS, or DRESSES.** Leotard recommended.

Dance Bag

A dance bag helps keep everything organized!



What should be in my dance bag? Hair ties and non-glass water bottle.

Dance Shoes

Sneakers are acceptable but they need to be **RESERVED** for class. They must be clean and free of debris. Black and White Converse style recommended. Jazz shoes acceptable. **No Sandals, Uggs, Crocs, Rainboots, or similar.**



Hip Hop



Get Ready for Class

Acrobatics

Acrobatics



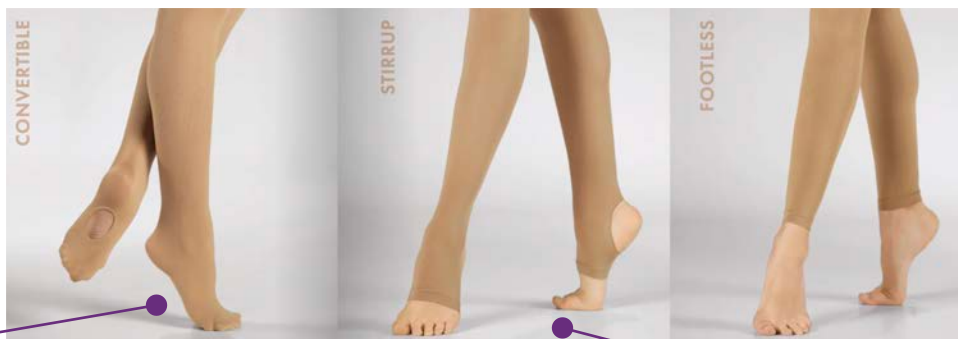
Hair

For safety, a secure bun is **required**.

Leotard

Dancers are required to wear a leotard, crop top and shorts, or a unitard. Any color or style they like. **NO RUNNING or VOLLEYBALL style shorts.**

For safety, no dresses, jeans, or baggy clothing.



Bare Feet

No shoes are worn for acrobatics classes.

Tights

Tights are **required** for class. Dancers are welcome to wear footless, convertible, or stirrup tights. **For safety, no footed tights.**



Dance Bag

A dance bag helps keep everything organized!

What should be in my dance bag?

Hair ties, Band-aids, Hairnet, bobby-pins, and non-glass water bottle.

Get Ready for Class

Ballet and Pointe

Ballet & Pointe



Ballet Dresses
Our younger dancers are welcome to wear a ballet dress. (Older dancers can wear a ballet skirt, if desired. Must be removed upon instructor request.)

Hair
Hair pulled up into a neat and secure bun.

Leotard
Dancers are required to wear a leotard. They can wear any color and neckline they would like.

Tights
Dancers are required to wear tights (pink or skintone are acceptable).

Dance Shoes
Pink ballet shoes required.

Dance Bag
A dance bag helps keep everything organized!

What should be in my dance bag?
Hair ties, Band-aids, Hairnet, bobby-pins, and non-glass water bottle.

Required Dance Shoes



	Full Sole Ballet Pink Revolution RD60016	Canvas Stretch Ballet Shoe Pink Revolution RD013400	Split Sole Ballet Pink Revolution RD013300
Ballet 1, 1-2	X		
Ballet 2, 3, 4, 5		Either option	Either option

Pointe Students will need:

Toe pads, toe tape, toe spaces, big toe caps, travel sewing kit, rice bags, nail clippers, scissors, lambs wool.



Get Ready for Class *Jazz, Tap, Lyrical, Turnus & Juumps, Contemporary*



Shoes

Shoes appropriate to style of class. See below.

Leotard

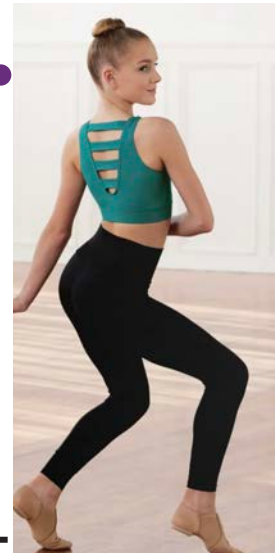
Dancers are required to wear a leotard, crop top and shorts/leggings, or a unitard. Any color or style they like. **NO RUNNING or VOLLEYBALL style shorts.** Clothing must be fitted to body.

Hair

Hair in a bun.

Tights

Tights are required for class, unless a student is wearing fitted leggings or dance pants.



Jazz, Tap, Lyrical, Turnus & Juumps, Contemporary



Dance Bag

A dance bag helps keep everything organized!

What should be in my dance bag?

Hair ties, Band-aids, Hairnet, bobby-pins, and non-glass water bottle.

Required Dance Shoes



	Tap Shoe Black Oxford (with rubber) Revolution 581	Jazz Shoe Dark Tan Slip-On Revolution RD013206 or 656	Half-Sole Shoe Natural Revolution RD012600
Lyrical		X	X
Contemporary		X	X
Jazz		X	
Tap	X		
Turns & Jumps		X	

Get Ready for Class

Boys

Boys



Jazz | Tap | Lyrical | Contemporary Acrobatics | Turns & Jumps

Shorts (athletic style/above knee) and a fitted tank top, fitted muscle shirt or fitted t-shirt. Shoes appropriate to style.



Hip Hop/Hip Hop Stars

**Athletic wear. Nothing baggy.
NO JEANS.**

Sneakers are acceptable as long as they are **reserved for dance class** and are clean and free of debris. Black jazz shoes acceptable.



Ballet

Fitted tights and a fitted tank top, fitted muscle shirt or fitted t-shirt. Black ballet shoes.

Dance Bag

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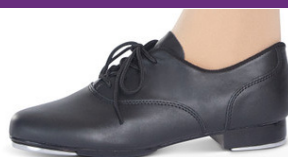
What should be in my dance bag?
Band-aids, and non-glass water bottle.

Required Dance Shoes



Jazz | Turns/Jumps | Lyrical

Black slip-on jazz shoes.



Tap

Black oxford tap shoe with rubber on sole



Contemporary

Same as lyrical or barefoot.



Acrobatics

Barefoot.



Ballet

Black ballet shoes.



Hip Hop

Sneakers, reserved for dance class that are (clean free of debris) or black slip on jazz shoes.

Get Ready for Class

Adults

Adults



Hair

Hair neatly and securely pulled back out of dancer's face. Ponytail is acceptable.

For Ballet, a secure bun is encouraged.

Attire

Choice of dancewear/athletic wear.
NO JEANS, SKIRTS, or DRESSES.
Leotard recommended.

Dance Bag

A dance bag helps keep everything organized!



What should be in my dance bag?

Hair ties, Band-aids, and non-glass water bottle.

Required Dance Shoes



Jazz and Broadway Jazz

Black slip-on jazz shoes.



Tap

Black oxford tap shoe with rubber on sole



Ballet

Pink ballet shoes.



Hip Hop

Sneakers, reserved for dance class that are (clean free of debris) or black slip on jazz shoes.